In 2020 we are living through unique times due to COVID-19. The NOTL Museum needs YOUR help to document history because we are living through a future history class! Crazy right?!

This is a workbook that will help you to document your COVID-19 experiences so that future historians and museums can learn about how our community was affected by COVID-19.
Write and illustrate a book!

You are the star of your own book, so tell us what you are doing while staying home!

Topics to think about

- Who are the people in your book?
- What is it like to go to school?
- What kind of activities or games do you play?
- How do you feel about the virus?

Brainstorm more ideas below!
Create a Comic Strip about COVID-19

Or answer the questions below based on the comic strip on the next page.

What does the coronavirus look like under a microscope? Draw it in this box!

List 4 people working to protect you from the virus?

Draw the three ways you can protect yourself and your family from the virus.
Exploring the New CORONAVIRUS
A Comic Just for Kids
By Malaka Gharib

It's a word you might have heard at school or online or on TV.

OMG! OMG! OMG!
Wait... what is that?

This coronavirus is a newly discovered virus. It causes a disease called COVID-19.

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Start a Scrapbook

Take photographs of you at home or of your neighbourhood and tell us about them!

Clip newspaper articles and add them to your scrapbook!
INTERVIEW YOUR PARENTS

WHAT HAS BEEN THE BIGGEST CHANGE?

HOW ARE YOU FINDING HOMESCHOOLING?

DAYS SPENT INSIDE

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:
1. 
2. 
3. 

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED: ________________________

YOUR NEW FOUND FAVOURITE INSIDE FAMILY ACTIVITY:

GOAL/S FOR AFTER THIS:

FAVOURITE FOOD TO BAKE:__________________________

FAVOURITE TIME OF DAY:__________________________
THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:

1. 
2. 
3. 

WHAT I HAVE LEARNT MOST FROM THIS EXPERIENCE:

1. 
2. 

I AM MOST THANKFUL FOR:

1. 
2. 

WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN OUTSIDE (e.g. hearts in windows, chalk notes on sidewalk, etc)

1. 
2. 

HOW ARE YOU CONNECTING WITH OTHERS?
ACTION: Write a letter to your future or past self about this virus. What would you tell yourself? What would you want to know?

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DEAR,

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Become pen pals with someone in your class, at your school or even a relative!

DEAR,

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Events!

Write the list of events down here and what you did to celebrate (e.g. St. Patrick's Day, Easter, Birthdays, Anniversaries)!
Say Thank you!

Create some artwork to thank all of our front line workers or those who are going out of their way to help members of their community! This could be a sign, a picture, thank you card, anything you want!
Kindness Project

There have been a number of feel good stories in the news these days. Start your own kindness project or do something to lift spirits in the community!

If you need some inspiration check out "Some Good News" YouTube channel: https://www.youtube.com/channel/UCOe_y6KKvS3Pdlfb9q9pGug
Meme Maker
Tell us how you are feeling by making your own meme!

Haha! So we meet again!!